



Lawrence D. Bell High School

1601 Brown Trail Hurst, Texas 76054 817.282.2551 Fax 817.285.3200 Jim Bannister, Principal

Dear Parents of Blue Raider Football:

It is hard to believe that school is almost out. Before you know it, summer will be over as well and it will be football time in Texas! I wanted to share some information for this week and for the rest of the summer for L.D. Bell football.

I have included several documents with this letter:

- 1) Spring/Summer Calendar
- 2) "Summer Dedication" strength and conditioning program flyer.
- 3) L.D. Bell Booster Club Membership Form
- 4) 2017-2018 H.E.B. Physical Form
- 5) Flyer for Discounted Physicals at Care Now
- 6) Men of Honor Flyer for this Friday morning

Some important dates to remember:

Wed. - Team doctors will perform physicals for H.E.B. student-athletes at the Activity Center 3-6PM

Thu. - Junior Varsity Spring Game at the Raider Bowl starting at 6PM

Fri. - "Men of Honor" 7AM-7:45AM & Varsity Spring Game and family cookout (Flyer included)

Mon. June 5th - "Summer Dedication" S&C program begins

Sat. August 5th - Picture day for L.D. Bell Football

Mon. August 14th - Fall Football Practice Begins

The Calendar includes all of these events and more to help you plan for the summer.

Please be sure to fill out the online paperwork for H.E.B I.S.D. athletic participation at <https://hebisd.rankonesport.com/New/Home.aspx> before the first day of practice on August 14th, 2017.

ALL ATHLETES WHO DO NOT HAVE A CURRENT PHYSICAL FORM ON FILE FOR THE 2017-2018 SCHOOL YEAR OR DO NOT HAVE THE ONLINE PAPERWORK FILLED OUT WILL NOT BE ABLE TO PRACTICE UNTIL BOTH ARE COMPLETED.

All football players are expected to participate in the "Summer Dedication" program. To have a championship level program, we must have a championship level of commitment. The summer workout program last 2 hours a day, four days per week for 3 weeks of June and 3 weeks of July. Please, if possible, schedule vacation time during the three weeks that we will not be working out this summer.

Please contact me or check the booster club website at LDBellFootball.net if you have any questions. And on that note, please join and become an active member of the L.D. Bell Football Booster Club!

Have a great summer and thanks for allowing your son to participate in Blue Raider Football.

Mike Glaze
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Steven A. Chapman., Superintendent



Hurst-Eules-Bedford Independent School District